

AGENDA ITEM

REPORT TO HEALTH AND WELLBEING BOARD

31 MAY 2017

REPORT OF THE MENTAL HEALTH TASK & FINISH GROUP

MENTAL HEALTH TASK & FINISH GROUP

SUMMARY

The Mental Health Task & Finish Group (MHTFG) was convened by the Health & Wellbeing Board (HWBB) in 2015 to lead the development and implementation of an integrated all age mental health strategy. Hartlepool and Stockton-on-Tees Clinical Commissioning Group (HAST) chaired the MHTFG as the lead organisation, supported by Stockton Borough Council Public Health team and partners.

This report provides an overview of the MHTFG work to date, and a proposal for the board to consider the future strategic direction of Mental Health and Wellbeing in the Borough and the delivery of the identified priorities of the MHTFG.

RECOMMENDED

The Health & Wellbeing Board is asked to:

- Consider the update from the MHTFG and the overview of progress
- Consider the proposal to embed the mental health priorities within the Health and Wellbeing Strategy
- Restate the focus of the HAST led MHTFG in order to ensure the effective implementation of a strategic mental health action plan to be reported to the Health & Wellbeing Board

BACKGROUND

1. Prior to the formation of the MHTFG, significant work had been carried out to understand the priorities for children and young people's health and wellbeing in the borough. A comprehensive mental health needs assessment has been undertaken with local priorities identified and included within the HAST Future in Mind transformation plan and endorsed by HWBB. Subsequently, the work of the MHTFG has focused on the development of an updated mental health needs assessment for adults. Both needs assessments will underpin the development of the Mental Health priorities.
2. Throughout the development of the adult's mental health needs assessment, the Future in Mind transformation board has been delivering on the priorities around young people's mental health with the CCG reporting to the MHTFG with updates. Similarly, the Public Health team have provided the link between the task and finish group and the Tees Suicide Prevention task force. Influencing the implementation of the Suicide Prevention Implementation plan and delivering on local priorities (See appendix 1).

3. Previously, No Health without Mental Health (2011) was the key strategic driver for mental health nationally; The Five Year Forward View for Mental Health (FYFVMH) has now superseded this document. Although the priorities within the FYFVMH are fundamental to the development of a local strategy, the primary focus of the MHTFG was to assess need within the population and consider local need alongside the FYFVMH.
4. HAST CCG continues to lead on the partnership response to the priorities within the FFYVMH, appended to this report is an overview of progress to date (See appendix 2).

DETAIL

5. A range of themes have emerged from the development of the mental health needs assessment, much of which mirrors the findings of the children and young people's needs assessment. A summary of the emerging themes common to both include:
 - Workforce development, including but not limited to Mental Health literacy
 - There are many opportunities across the lifecourse to promote wellbeing and resilience
 - Addressing stigma and discrimination and promoting help-seeking behaviours
 - Improvement in support and pathways for dual diagnosis, perinatal mental health and transitions to adult services
 - Support for the family setting and parenting
 - Creating mentally healthy communities
 - Work with local housing providers to support those affected by and at risk of mental health problems
 - Reducing isolation, particularly in vulnerable groups .e.g. older people, asylum seekers, new mums and those affected by domestic abuse
 - Embedding co-production into commissioning, service development and delivery
 - Improving multi-agency working across all services and organisations not limited to traditional health services
 - Coordinated approach to suicide prevention
 - Access to the right care at the right time
 - Effective crisis support and liaison services
6. Within the Children's needs assessment it was evident that capacity to parent, and family settings had a huge bearing on a child's behaviour and emotional wellbeing. Within the adult's needs assessment it was notable that the cumulative impact of problems stemming from childhood continued into adulthood. This highlights the cyclical, intergenerational impact of mental health problems and the associated risk factors and demonstrates a need for an integrated approach to mental health and emotional wellbeing.

NEXT STEPS

7. Following the completion of the needs assessment and review of the emerging themes, the MHTFG propose to develop these themes into strategic priorities with continued input from partners and stakeholders.
8. The MHTFG has concluded that:

- a. A system-wide approach to addressing the priorities, not limited to service delivery, is required to improve mental health and emotional wellbeing in Stockton-on-Tees.
 - b. There is significant crossover between children's and adult's services, which plays a pivotal role in improving and protecting mental health.
9. The MHTFG has determined that in order to achieve an all age-integrated approach, which is system-wide, would require significant strategic support, influence and oversight in order to ensure its effective implementation in order to achieve this.
10. The MHTFG proposes that the Health & Wellbeing Board consider including Mental Health and Emotional Wellbeing as a prominent section within the forthcoming refresh of the Health & Wellbeing Strategy. Underpinning this aspect of the Health & Wellbeing Strategy the group proposes the development of a mental health strategic action plan, which would have clear timescales and lead organisations identified within it. be a strategic mental health action plan implemented by the MHTFG.
11. With continued leadership from HAST CGG and support from the Public Health team, the Health & Wellbeing Board are also asked to consider refocusing the work of the MHTFG, to develop, monitor and ensure effective implementation of the action plan. Regular assurance reports would be submitted to the Health and Wellbeing Board.

FINANCIAL IMPLICATIONS

12. There are no direct financial implications of this update for the council. However, the development of an integrated mental health action plan may influence subsequent commissioning decisions involving mental health services.

LEGAL IMPLICATIONS

13. There are no specific legal implications of this update.

RISK ASSESSMENT

14. Recommendations and commissioning decisions that arise out of the establishment of an integrated mental health action plan will incorporate risk assessment as part of the development.

COUNCIL PLAN IMPLICATIONS

15. Implementation of the work will have a positive impact on both the Sustainable Community Strategy and Joint Health and Wellbeing Strategy themes in influencing the mental health and wellbeing of both children and adults.

CONSULTATION

16. Consultation with service users and stakeholders has been a fundamental part of the needs assessment. Over 50 representatives from local services

and carers group attended a recent stakeholder event on mental health. The group collectively reviewed the emerging themes of the needs assessment and began initial appraisal of themes and priorities.

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